



T: 310.652.3933 | M-F 11:30am-3pm

Appetizers

2 kinds of Soup of the day. \$6

Romaine Lettuce with Caesar Dressing and Parmesan Tomato Crouton \$6

Butter Lettuce with Mustard Vinaigrette, Avocado, Tomato and Herbs \$6

Entrée Salads

Fresh Roasted Turkey Cobb with Beans, Bacon, Avocado, Roquefort and Egg \$14

Curried Chicken with Butter Lettuce, Apples, Candied Walnuts and Avocado \$13

Grilled Salmon with Tabouleh, Romaine, Chic Peas and Cucumber Yogurt Dressing \$15

Chinese Chicken with Candied Cashews, and Crispy Wontons \$12

Sandwiches

Roasted Turkey "Melt" with Cheddar, and Caramelized Onions \$13

Roasted Vegetable with Provolone Cheese & Horseradish Aioli \$11

Chicken Club with Avocado, Bacon, Lettuce, Tomato and Herb Mayonnaise \$12

Spectra Burger with Cheddar, Bacon, Caramelized Onions, Lettuce and Tomato \$12

*All served with homemade vegetable chips.

Pasta

Penne Pasta with Beef Bolognese \$12

Penne Pasta with Tomato, Basil and Garlic Sauce \$12

Macaroni 'n' Cheese \$9

Spectra Value Meal

Hot Special Items of the Day.

Sweets

Cheese Cake "Crème Brulee" with Berries \$5

Lemon Coconut Cake \$5

Fresh Baked Cookies \$4